Clifton High School

# ACTIVE TRAVEL GUIDANCE

At Clifton High School, we encourage Staff, pupils and parents to travel to School by cycling, scooting and walking or parking and striding (active travel) wherever possible. For pupils unable to travel to School actively, we encourage the use of public transport or car shares.

We aim to encourage a healthy attitude towards active travel within the School community that will lead to a healthier lifestyle for our children and families.

The benefits of active travel are:

- improving both mental and physical health through physical activity
- establishing positive active travel behaviour
- promoting independence and improving safety awareness
- reducing congestion, noise and pollution in the community
- reducing the environmental impact of the journey to School

**To encourage pupils to cycle or scoot to School frequently, the School will:**

- actively promote cycling and scooting as a positive way of travelling
- celebrate the achievements of those who cycle and scoot to School whilst also being sensitive to the fact that some pupils cannot actively travel to School)
- provide cycle and scooter storage on the School site
- where available, provide high-quality cycle training through an external agency such as Bike-a-Bicycle to pupils who wish to participate.

**To make cycling and scooting to and from School a positive experience for everybody concerned, we expect our pupils to:**

- ride sensibly and safely and follow the Highway Code
- check that their bicycle or scooter is roadworthy and regularly maintained
- behave in a manner which shows them and the School in the best possible light consider the needs of others when cycling or scooting
- wear a cycle helmet
- ensure they can be seen by other road users by using lights and wearing high-visibility clothing, as appropriate.

**For the wellbeing of our pupils, we expect parents and carers to:**

- encourage their child to walk, cycle or scoot to School whenever possible
- encourage their child to take up opportunities to develop their competence and confidence in cycling or scooting
- consider cycling or scooting with their child on the School run
- provide their child with equipment such as high-visibility clothing, lights, a lock and a cycle helmet as appropriate
- ensure that the bicycles and scooters ridden to School are roadworthy and regularly maintained.

**Parents should be aware that:**

- the decision as to whether a child is competent to cycle, scoot or walk safely to and from School rests with the parent(s)/carer(s). The school has no liability for any consequences of that decision
- this guidance covers the journey to and from school where the school has no responsibility or liability. When walking, scooting and cycling activities are led by the School, there may be additional rules and guidance concerning equipment such as use of helmets, high visibility clothing, etc
- they should consider appropriate insurance cover (check home insurance) as the school is not liable for, and its insurance does not cover, any loss or damage to bicycles and scooters being used on the way to or from School.

We will discuss this active travel guidance with the pupils and revisit it periodically to ensure its relevance.