

SENIOR SCHOOL HEALTH AND WELLBEING - SPRING TERM-1 2026

Year 7 - Introduction to the World of Work	Year 8 - Media Literacy and digital resilience	Year 9 - Intimate Relationships	Year 10- Healthy Relationships	Year 11 Communication in relationships	Year 12	Year 13
Unifrog Launch Assembly	Life on social media	Relationships and communications	Relationship values and healthy relationships	Mock exams	Unifrog Launch / AAB courses and MOOCS	Mock exams
What is a career?	Privacy on social media	Freedom and Capacity to Consent	Intimate relationships with IT Happens	Mock exams	Unifrog Psychometric testing	Mock exams
Careers in the creative industry	Mis and disinformation online	No lesson due to FLYING START	Consent	Sex pressures, risk taking & readiness for Sex - Brook talk	Reflecting on your Psychometric Testing	Money- renting and buying
Exploring possibilites- Dream Jobs	Portrayal of sex online	Sexual orientation and stereotypes- Brook talk- on rotation	Alumni breakfast with Sixth Form	Relationships and communications	Alumni breakfast	Alumni breakfast
Neurodiversity lesson - social awareness	Communicating Safely Online	Contraception with School nurse- on rotation	Risks of online relationships	Abusive relationships	Positive relationships and recognising abuse	Student Finance Talk
Introduce healthy lifestyle	Online relationships	Risks of Sex and Sexual Hygiene	Risks of sending nudes	Sexual harassment - Brook talk	Pleasure and consent	Money-credit, pensions, ISAs